

# Breakfast Menu 2020-2021

FOOD FOR THOUGHT PROGRAM's meals include a milk, fresh fruit of the day

\* Meals must be pre-ordered using the FORM found on the [SJISD website](#) \*

**Breakfast and Lunches will be distributed at the same time**

MENU OPTIONS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Daily Standard Offering</b>	Yogurt Fruit of the Day 1 % Milk	Yogurt Fruit of the Day 1 % Milk	Yogurt Fruit of the Day 1 % Milk	Yogurt Fruit of the Day 1 % Milk	Yogurt Fruit of the Day 1 % Milk
<b>Daily Rotating Entree</b>	<b>Cereal Variety</b>	<b>Breakfast Bar</b>	<b>Instant Oatmeal</b>	<b>Breakfast Muffin</b>	<b>Cereal Variety</b>
<b>Start your day off right with BREAKFAST!</b> Yogurt, Fresh Fruit, Milk and Breakfast Entree are available everyday Monday - Friday.	Please fill out a new <b>Free and Reduced Price Application</b> EVEN THOUGH meals are free! There are other benefits to having a current form on file!	<b>ALLERGY ALERT!</b> Please submit a Medical Form to the School Nurse	More information on Food Service and the Weekly Meal Pre-Order Form is available online at <a href="https://www.sjisd.wednet.edu/Page/948">https://www.sjisd.wednet.edu/Page/948</a>	The Free Meal Program has been extended! Check out the website for current info regarding program changes	<b>This institution is an equal opportunity provider.</b>

**Disclaimer:** In our effort to provide tasty, fresh and healthful meals, we may make changes to the menu at Chef Andy's discretion.